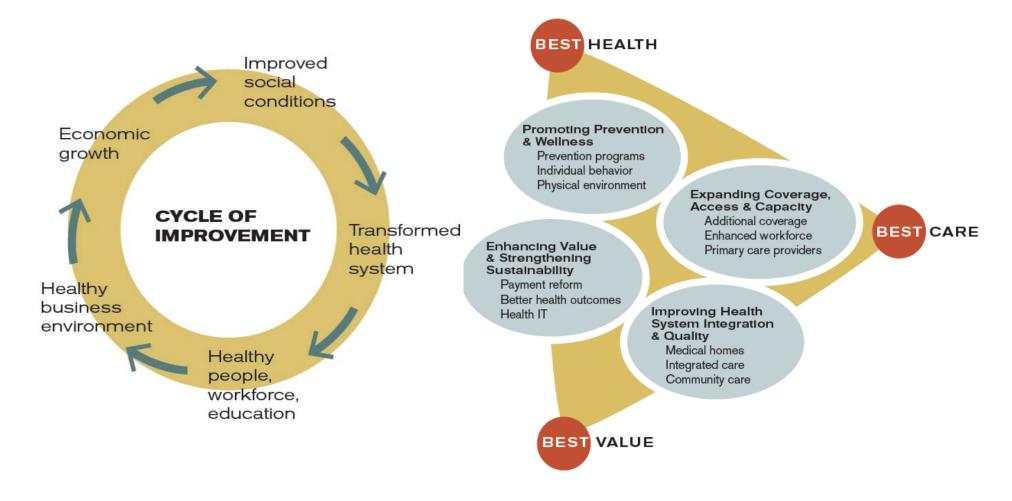
## Colorado's Efforts on Better Outcomes in Health



#### The State of Health

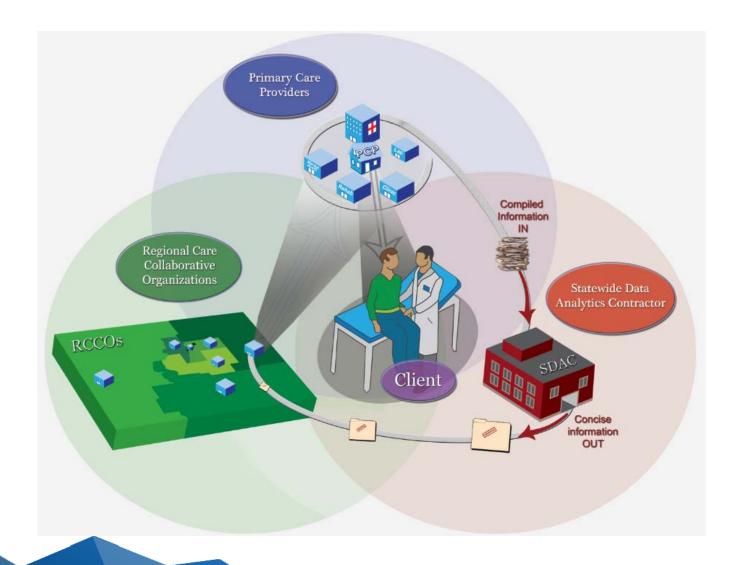




### **Historical Model**



#### **New Model**





## Successes of the ACC and care coordination

A diabetic male was unable to transfer his Food Stamps from one county to another. As a result the client began dumpster diving in order to eat. Not only did this new diet exacerbate his diabetes he also contracted bed bugs from the dumpsters themselves. As a sufferer of sleep apnea he was forced to sleep in a recliner, however due to the bed bugs the recliner had to be thrown away and the patient had to sleep on the floor.

With both of his conditions acting up, he often frequented the ER. After uncovering the needs of the client, the care coordinator was able to transfer his Food Stamps from one county to another and through the help of local charities they were able to get him a new recliner. He has not gone to the ER since.

### SIM Opportunity for states

- Deliverable: State Health Care Innovation Plan (due Nov. 30)
- Multi-stakeholder input to develop vision and plan for public/private transformation
- Potential to apply for implementation funding early 2014
  - New York, Washington, California, Connecticut,
     Delaware, Hawaii, Idaho, Illinois, Iowa, Maryland,
     Michigan, New Hampshire, Ohio, Pennsylvania, Rhode Island, Tennessee, Texas, Utah
  - Arkansas, Maine, Massachusetts, Minnesota, Oregon, Vermont

#### Vision

Colorado aims to become the healthiest state in the nation by:

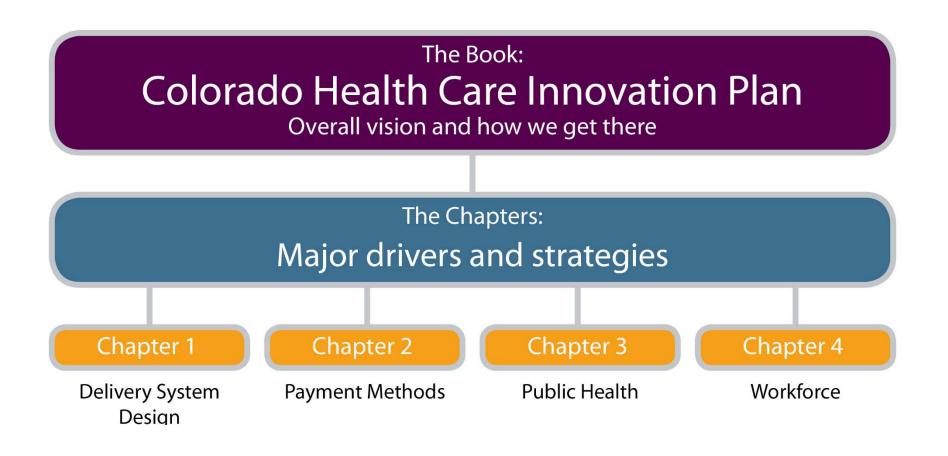
- •Achieving the complete integration of affordable, high quality health care for our citizens regardless of insurance payer
- •Ensuring that each Coloradan has access to a trusted home for care that meets them where they are
- Integrating physical and behavioral health
- •Leveraging the power of our public health system to support the delivery of clinical care and achieve broad population health goals
- •Creating an outcomes-based payment system that enables transformation



## Stakeholder Input

- Advisory Group
  - 3 meetings by end of November; approve plan
- Steering Committee
  - Guide work, act as sounding board
- Provider, Public Health, Patient Experience Stakeholder Groups
  - Develop recommendations
- Contractors
  - Develop plans for payment models, practice transformation, HIE, etc.
- Other Informants
  - Payers

### **Innovation Plan: Book and Chapters 1-4**



# Innovation Plan: Book and Chapters 5-8

The Book:

#### Colorado Health Care Innovation Plan

Overall vision and how we get there

The Chapters:

Major drivers and strategies

Chapter 5

IT Infrastructure

Chapter 6

**Patient Experience** 

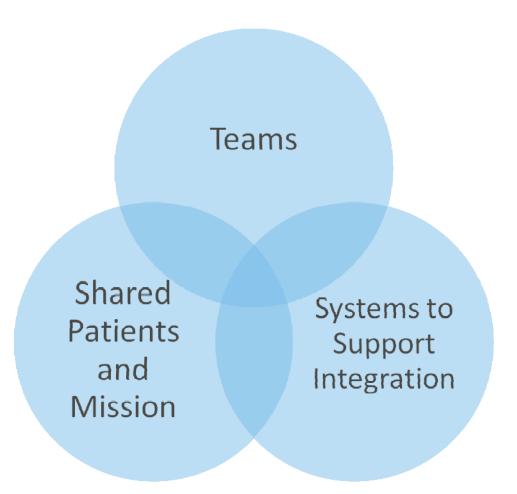
Chapter 7

**Focus Populations** 

Chapter 8

The Colorado
Framework:
Integrating
Behavioral and
Primary Care Health

## **Defining Components of Integration**



## **Defining Components: Team**

Behavioral Health
Providers and
Range of
Expertise

- Identify behavioral health needs of patient population
- Provide appropriate interventions
- Coordinate care with offsite services and link to community resources
- Provide follow-up care and monitor outcomes
- Social support and family interventions
- Crisis intervention

Shared
Operations,
Workflows,
Culture

- Regular communication, coordination, collaboration between team, patient and family
- Reliable execution of systematic clinical approaches

Education and Training

• Key staff prepared to carry out functions of integration

## Defining Components: Shared Patients, Mission

Shared Panel of Patients

- Team responsible for total health outcomes, both behavioral and physical
- Patients experience practice as home for all primary care
- Practice feels responsibility for all primary care

## **Defining Components: Systems**

Patient Identification

Patient and Family Engagement

Unified and Shared Care Plan

**Shared Electronic Records** 

Systematic Follow-Up, Adjustment of Care



# **Supporting Components of Integration**

Reliable operations and processes

Alignment of purpose and leadership

Community Expectations

Continuous quality improvement and outcomes monitoring

Sustainable business model

## **Questions?**

Lorez Meinhold
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