Connecticut SIM VBID Consortium









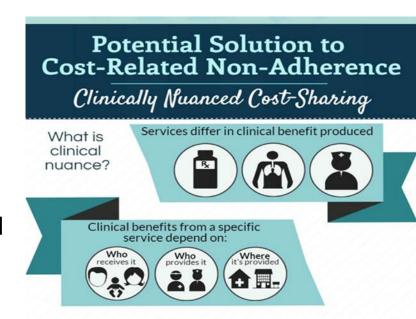
CT VBID Program Goals

- Develop prototype VBID plan designs template that align the interests of consumers and providers
- Provide a mechanism for employers to share best practices to accelerate the adoption of VBID plans
- Convene an annual learning collaborative, including panel discussions with nationally recognized experts and technical assistance; and
- Subject to board approval, Access Health CT will implement
 VBID in Year 2 of the Model Test.

SIM Value Based Insurance Design Features

VBID Plan Design uses "carrots and sticks"

- Reduce barriers to high value services
 - Preventive care screenings
 - Chronic condition treatment
 - Reduce prescription drug co-pays used for target chronic conditions
- Increases cost share for low value services
 - Example, MRI for Low Back Pain
- Targets chronic diseases: Asthma, Diabetes, and Depression
- Personal Autonomy Members maintain medical choice



CT VBID Program Proposed Outcomes

V-BID: Who Benefits and How?



Where Is the Consumer in the VBID Design?

- Consumer earns "carrots" by changing their behavior:
 - Adheres to medication regimen
 - Attends chronic care exams
 - Complies with care plan for their chronic condition
 - Engages in health plan care management program
- Consumer is penalized for use of low value services:
 - Consumer pays a larger cost share for the use of "low value services"

How to Make VBID More Consumer Centric

Improved Access to Quality Care

- Identify optimal patient care pathways for chronic conditions
- Identify available resources within the state and health plan and address any gaps due to lack of providers, transportation, and resources
- Provide health navigation resources for consumers

Incentivized services:

- Insure they are of value to members
- Have evidence that they improve patient outcomes
- Are equally accessible to all members
- Are understandable
- Are communicated via a multi-channel communication plan
- The VBID Plan has an advisory committee that includes members and care team members
- Insure wellness is a key component of the VBID plan design to address healthy lifestyle issues
- Shared Decision-making between Consumers and their care team
 - Elective procedures
 - "Low Value Services"